

Information for families with children aged 0-19

**Solihull Family
Information Service**

The Family Information Service is here to help families with children aged 0-19 find and access the services they need.

The FIS provides information and advice on...

Childcare:

- Childcare providers in Solihull
- How to choose childcare – things to look for and questions to ask
- Free early education places for two, three and four year olds
- Support for children with additional needs and/or disabilities
- What to do if you are concerned or have a complaint about a childcare provider
- Help with childcare costs
- Employment rights for working parents

Things to do and places to go:

- Sports and leisure activities
- Days out for families
- Holiday activities
- Play and stay groups
- Soft play and music sessions
- Youth clubs
- Parks and outdoor spaces
- Specialist activities for children with additional needs and/or disabilities.

Support to access services who can advise you on:

- Loss or separation
- Substance misuse
- Health problems
- Schools, education and learning
- Working and volunteering
- Child safety and bullying
- Domestic Abuse
- Money, tax and benefits
- Parenting support
- Disability support

Don't forget

....all families need information and support at some point. We're friendly, we're impartial, we're free and we're here to help!

Would you like to know what's happening in Solihull for children and families? Then join our Parent's Network for regular information at www.solihull.gov.uk/parentsnetwork

Solihull Family Information Service

Call: 0800 389 8667

Email: familyinfo@solihull.gov.uk

Web: www.solihull.gov.uk/familyinfo



Solihull
METROPOLITAN
BOROUGH COUNCIL