

Solihull PPG Network
Dr Stephen Munday
Director of Public Health

Health of Solihull

Public Health

Science and art of promoting and protecting health and prolonging life through the organised efforts of society

- Health improvement (wider determinants, lifestyle)
- Health protection (infections, environment, emergencies)
- Health services (planning, effectiveness, quality)

RURAL DISTRICT OF SOLIHULL.

ANNUAL REPORT

ON THE
HEALTH OF THE DISTRICT,
FOR THE YEAR 1913,

BY
CLAUDE E. TANGYE, B.A., M.D. Lond., D.P.H.,
MEDICAL OFFICER OF HEALTH

OF THE
Warwickshire Combined Districts.

Leamington :

A. TOMES, 43, 45 & 68, BEDFORD STREET.

1914.

SOLIHULL
PUBLIC
LIBRARIES

Fair Solihull, Healthy Lives

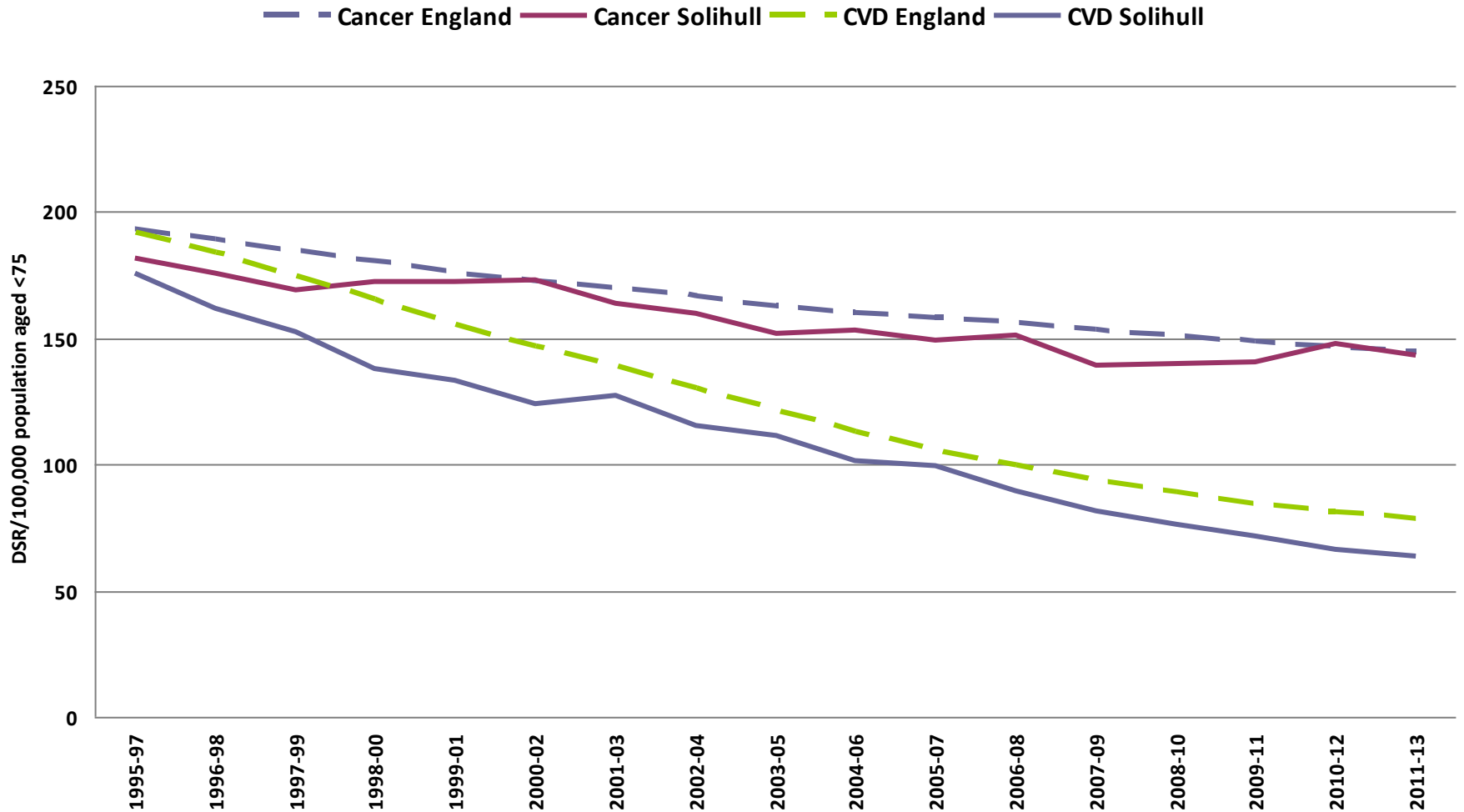
– *One Year On*



Health of Solihull

- Solihull people are healthy and getting healthier
- 82% of people say their health is good or very good
- Life expectancy and quality of life improving
- Health of Solihull people compares well with many other communities
- Population is becoming older

Premature mortality from Cancer and CVD Trend 3 year rolling average



Many challenges remain:

- Too many people die too soon from preventable causes
- Many of these diseases are caused by unhealthy lifestyles: major cause lung and breast cancer
- Inequalities in health persist – poorest third of people will not reach healthy retirement
- Levels of frailty, long term conditions, poor mental health and disability are increasing

We can be optimistic – over the last 10 years:

- 1,030 fewer premature deaths have occurred from cardio-vascular disease
- 750 fewer premature deaths have occurred from heart disease
- 330 fewer premature deaths have occurred from cancer
- Men are living 3.7 years longer and women are living 2.8 years
- Teenage pregnancy has reduced by 28%
- 12,000 smokers have been helped to quit
- 10,000 fewer people smoke
- 20,000 more people report their health to be good.

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No Smoking
in buildings or grounds

NHS

This is a
Smoke Free Site

To protect patients, staff and visitors
do not smoke here

For information on stopping smoking, phone the NHS Smoking Helpline free on 0800 169 0 169

Public Health Programmes

- NHS Health checks
- Sexual health – prevention and treatment
- Lifestyle services:
 - stop smoking, healthy weight, physical activity
- Drug & alcohol – prevention and treatment
- School nursing, Health Visitors (Oct 15)
- Others

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**SWINE FLU
INFORMATION**
0800 1 513 513
www.nhs.uk
www.direct.gov.uk/swineflu

**IMPORTANT
INFORMATION
ABOUT
SWINE FLU**

This leaflet contains important information to help you stay healthy.
KEEP IT SAFE

NHS
HSE
HNSPS

Public Health Programmes in Solihull

Highlights of 2014/15

- Improved or maintained quality of services
- New services to help people live healthy lifestyles
 - Sexual Health Services ‘Umbrella’
 - Health Exchange ‘health trainers’
 - SIAS substance misuse services
 - Improved and easier access e.g. t/p advice or referral
- Additional parenting support, improved access to healthy start vitamins
- Improved mental health promotion – e.g. social prescribing
- Communities tackling their own health priorities
- Effective partnerships to tackle broader issues

Future Plans – Our Strategy

- Health and Wellbeing priorities:
 - Give Every Child the Best Start in Life
 - Healthy and Sustainable Places and Communities
 - Strengthen the Role and Impact of Ill Health Prevention
 - Integrated Health and Social Care

Future Plans – III Health Prevention

- Improving health and reducing inequalities – priority for the Clinical Commissioning Group
- Service improvements: stop smoking, weight management, sexual health
- Integration of healthy lifestyle advice with a range of community services and social care
- Improving early detection of cancer and quality of life of cancer survivors
- Improve uptake of NHS health checks

Questions?